

## Seton High School Cheerleading

Our season begins with Tryouts in late April and runs through February. This team requires a strong dedication, commitment, teamwork, a positive attitude, and an eagerness to learn. We practice as a team over the summer 3x per week, and typically 2x per week during the school year. We cheer sideline for our lady Saints Basketball team at home games through the winter season. We also compete in the GameDay Division from October-February on the Varsity/UCA track. We also perform and spread the Seton spirit at many school functions such as the First Day of School, Shadow Days, and other FUN and special events. You can expect to make lifelong friendships and gain new athletic skills as a part of the Seton Cheerleading program.

### Seton High School Cheer Tryouts:

**Tuesday April 23rd 6:30-8:30pm**

**Wednesday April 24th 6:30-8:30pm**

**Saturday April 27th 10am-12noon**

Registration information coming soon. Tryouts and practices held at Mount Saint Joseph University in the Fieldhouse.

Tryouts Material:

Sideline Chant

Band Dance

Gameday spiriting

Jumps

Standing and Running tumbling skills

Stunting instruction will be provided

Interview Question

*\*stunting and tumbling experience is not required*

\*Cheer, dance, gymnastics, or other performance or athletic experience is preferred but not required. Athletes will pre-learn tryout material via video links and review material with coaches during the tryout week. Formal tryout in front of judges will be held 10am Saturday April 27th. Dates are mandatory and any conflicts should be communicated to the coach prior to tryout week.





**Other Important Dates:**

**April 30th 7-9pm @Seton**

**Parent and athlete meeting and uniform fittings**

**May 28th & 29th 6:30-8:30pm @MSJU**

**First practices**

**June 1st 12:00pm @Fernbank Park**

**Meet the Team picnic**

**June 20-21st 9-4pm @Seton**

**Youth Cheer Camp**

**June 28-29th 8-5pm @MSJU**

**Choreography Weekend**

**August 2-4th @MSJU**

**Stunt Clinics**

**Questions:**

Contact Head Coach Lindsay Buerger

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