Seton High School Volleyball

Our Primary Goal

Seton Volleyball will focus on training student-athletes to be able to compete at the highest level possible to achieve goals on and off the court. High School Athletics and team sports are opportunities that provide a great avenue to learn responsibility, dedication, communication, and achievement. We will have 3 expectations of every player, every day in the volleyball program.

The acronym is **ACE**

- Be Accountable
- <u>Communicate</u> with your teammates and coaches
- Always give maximum **E**ffort

2024 COACHING STAFF

Varsity

Kelly Crowley - Kelly has 20+ years of coaching and training experience at the high school and elite club levels. In his five seasons at Seton, the varsity team has a combined 96-28 record and were the 2020 and 2023 GGCL Champions. Kelly has been recognized as the GGCL Coach of the Year twice and the Ohio Coach of the Year once. Kelly is also currently the National Team Director of Tri-State Elite Volleyball Club. Tri-State has rapidly gained respect as one of the top clubs nationwide. Kelly has trained athletes that have played or are playing at many levels of NCAA volleyball. Kelly and his wife Amy ('93) are the proud parents of two daughters, Hannah ('21) and Sydney ('25). **Briana Rosen**- Bri will return for her 3rd season as part of Seton Volleyball Staff. Bri is a Northern Kentucky native and graduated from Ryle High School. Bri also coaches club at Tri-State Elite.

Junior Varsity

Jessica Schloemer – Jessica recently completed her 2nd season at Seton. She has led both the Freshman and JV groups to GGCL Championships in her 2 seasons and has a combined 40-4 record. Jessica is also the Director of CYVBC Volleyball Club.

Freshman Volleyball

Lauren Reinhardt and Karissa Fleek ('20) — Lauren and Karissa recently completed their 1st year together at Seton High School and we are lucky to have both of them. Their Freshman Team finished last season with a 20-1 record and as GGCL Champions. Karissa was a 4-year volleyball athlete at Seton and has been a coach for 3 seasons.



2024 Summer Dates (Tentative)

These dates are not mandatory but highly encouraged to build a culture of teamwork and success. We understand and respect summer vacations so please don't try to plan around all the dates. Take your vacations and enjoy the time together and relax!

However, please make every effort to attend the Team Camp July 22-24.

Freshman Summer Open Gym Dates (700-845 PM) Sunday, May 5 Sunday, May 19 Sunday, June 9

All Level Summer Coaching Days (Soph, Jr & Sr 5-7, Frosh 7-9)
Wednesday, July 17
Thursday, July 18
Sunday, July 21
Thursday, July 25
Sunday, July 28
Monday, July 29
Tuesday, July 30

Seton Team Camp (Soph, Jr & Sr 5-7, Frosh 7-9) Monday, July 22 Tuesday, July 23 Wednesday, July 24

Tryouts will begin on August 1st and the full expectation is 100% attendance for tryouts and the season which runs August 1st until late October. The Volleyball program practices or competes 6 days a week.