

SETON Saints SOCCER

2024 Preseason

Open Field and fitness location TBD

- June 1: 7:00-10:00 am BEEP TEST
- June 8: 7:00-10:00 am Coopers Test
- June 15: 7:00-10:00 am Man U
- June 22: 7:00-10:00 am Gauntlet
- June 29: 7:00-10:00 am MAKE UP FITNESS TEST
- July 6: 7:00-10:00 am BEEP TEST

***Wednesdays month of June open field senior run 6-8pm location TBD**

***CAMP LOCATION: MSJ UNIVERSITY**

***GRADE SCHOOL CAMP :** June 24,25,26 (rain date June 27) 6:30-8pm

***FRESHMAN CAMP:** July 1,2,3 6:30-8:00 pm

***COACHING DAYS & PRESEASON SCRIMMAGES**

- **COACHING DAYS** July 8,9 @ MSJ OR PAC 6-8:00 pm
- **SCRIMMAGE** July 10 @ Springboro, 4 pm Group 1; 5:30 pm Group 2; 7:00 pm Group 3
- **COACHING DAYS** July 13 Open field/fitness test 7-10 am July 15,16 @ MSJ OR PAC 6-8:00 pm
- **SCRIMMAGE** July 17 @ Lakota West, 5:30 Group 1; 7:00 pm Group 2 (not everyone will attend)
- **COACHING DAYS** July 20 Open field/fitness test 7-10 am July 22,23,24,25 @ MSJ OR PAC 6-8:00 pm

***TRAINING WITH TINA**

\$25 per player checks made out to Seton

Monday and Friday Mornings (July 8, 12, 15, 19, 22, 26, 29

7:00- 8:00 am @ MSJ

***TRY-OUTS - MANDATORY TO BE CONSIDERED FOR A SPOT ON A TEAM (Location TBD)**

- **August 1 - LOCATION MSJ OR PAC**
- **Freshman 5:00-6:30 pm, Upperclassmen 6:30-8:00 pm**
- **August 2 - Freshman 5:00-6:30 pm, Upperclassmen 6:30-8:00pm**

***SCRIMMAGES**

- August 3 vs Highlands location and time TBD - all 3 teams
- August 8 vs Hamilton Badin
- August 10 @ Turpin High School - JVB 3:00 pm, JVA 5:00 pm, Varsity 7:00 pm
- August 13 vs Loveland JVA 5:30 Varsity 7pm
- **AUG 4 ALL PROGRAM MASS time and location TBD**
- **AUG 4 VARSITY OVERNIGHT RETREAT**

YOU SHOULD ALWAYS BRING A BALL, WATER AND A GREAT ATTITUDE TO EVERY PRACTICE AND GAME!

#BELIEVE