



SETON

SPRING 2018

Educating in the Spirit of St. Elizabeth Ann Seton

STRONG, SOARING AND STRIVING





“ God has certainly blessed the Seton community. We are grateful to Him for all the amazing gifts and opportunities afforded our students as they go *above and beyond* in faith, leadership, academics and service. ”

KATHY ALLEN CIARLA '87

KAREN KLUG WHITE '92



Dear Alumnae, Parents, Students and Friends,

The school year is flying by and we certainly are *Soaring at Seton!* It seems like we just embarked on this school year and in a few months we will be finishing off! God has certainly blessed the Seton community. We are grateful to Him for all the amazing gifts and opportunities afforded our students as they go *above and beyond* in faith, leadership, academics and service.

Being a Saint, no matter the generation, is very empowering. The well-rounded experiences at Seton set us on a path for life. You will be inspired when reading about Olivia Jones '16 on page 4, a young alum who is showing her strengths academically, physically and spiritually at The Citadel. You'll be encouraged by Dr. Mary Bredestege '70 on page 18, who has made groundbreaking strides in science from the time she was at Seton through today. There are life-changing relationships found within these halls of Seton and the Kluesener sisters experienced that personally in the '60s and '70s. You can read on page 6 about how their hearts were touched and how their mother's legacy continues to touch other hearts.

The Seton Varsity Dance Team placed 1st in the nation in Small Varsity Pom at the UDA National Championship in February! We are so proud of our **National Champions!** They also placed 3rd in the nation in Small Varsity Hip Hop. Our Seton Junior Varsity Team placed 3rd in their division for Pom and 4th for Hip Hop. Congratulations to both teams and coaches, and thank you to all of the parents for their amazing support!

Construction continued over the Christmas break as all of the hallway ceilings on the second floor were removed and replaced. Construction is set to begin again on April 30, and we are looking forward to Phase 2 and installing energy-efficient lighting, HVAC and new windows on the second and third floors. Seton 360 is making great strides with \$5.9M funded to date with a goal of \$8.5M. See page 12 for all the details. Thank you to everyone who has donated already to provide our students with the best optimal learning environment.

Enrollment continues to grow and next year we will welcome 150 freshmen to our school. Please pray for our newest Saints as well as our current Saints, staff and administration as we continue to grow and educate in the spirit of our patroness, St. Elizabeth Ann Seton!

Thank you!

Kathy Allen Ciarla '87
President

Karen Klug White '92
Principal

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Spring 2018

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PHOTOS: (Left) On their way to Washington, D.C. for the March for Life this past January, 42 students and chaperones stopped at The National Shrine of Saint Elizabeth Ann Seton.

(Right) A group of students from Seton's Interalliance Chapter attended the Women in IT Conference at Xavier University this fall.

ON THE COVER: Olivia Jones '16 is soaring above and beyond as a cadet at The Citadel.



SETON

Sponsored by the Sisters of Charity of Cincinnati

Seton High School, a Catholic community in the tradition of St. Elizabeth Ann Seton, through the mission of the Sisters of Charity of Cincinnati, develops a diverse population of young women for a life of faith, service and leadership and engages them in achieving academic excellence in a college preparatory environment.

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Seton Students, Staff, Alumnae & Friends

Paul Jones

STRONG, SOARING AND STRIVING

The robust, all-female learning environment at Seton High School is something that is both inspirational and tangible. From every student to staff member, there is evidence of academic excellence, confidence, empowerment, spirituality and sisterhood. As alums, we all know this. For many of us, we do not realize the benefits of this atmosphere until years after we graduate. For Olivia Jones '16, she knew it before the end of her senior year at Seton when she decided that she was going to spend the next four years of her life as a cadet at The Citadel.



Olivia's first haircut in The Citadel's Barbershop in August 2016. The female hair standard for knobs (freshmen) is three inches on top and two inches on the side, to be maintained until Recognition Day in March of their freshman year.

"One of my favorite points to bring up is that I attended an all-girls high school but now attend essentially an all-male college with only 8-10% of the 2200 Corps of Cadets being female," said Olivia.

With such a distinct contrast of experiences, Olivia said that the benefits of Seton High School are extremely evident. "Being able to unapologetically be myself each day allowed me to have the confidence to stay true to myself in college," she explained. "Having the support and comfort of all-girl classmates for four years made it easy for me to bond with the other female cadets at my school and participate in an all-women bible study."

Olivia is currently soaring in her academics during

her second year at The Citadel. She is a member of the Honors Program and has consecutively been on the Dean's List. She has also received Gold Stars each semester, which are awarded to students on the Dean's List who have made a grade-point average of 3.700 or higher for work in a semester.

She is double-majoring in French and Political Science with a focus in International and Military Affairs, and is minoring in Environmental Sciences and Sustainability. Olivia is currently spending the semester studying in Washington, D.C. as part of the Fund for American Studies program. She is taking classes as well as



Olivia and her father visited Patriot Point Development Authority which was established in the 1970s to develop a naval & maritime museum in the Charleston Harbor with the World War II aircraft carrier, USS YORKTOWN as its centerpiece.

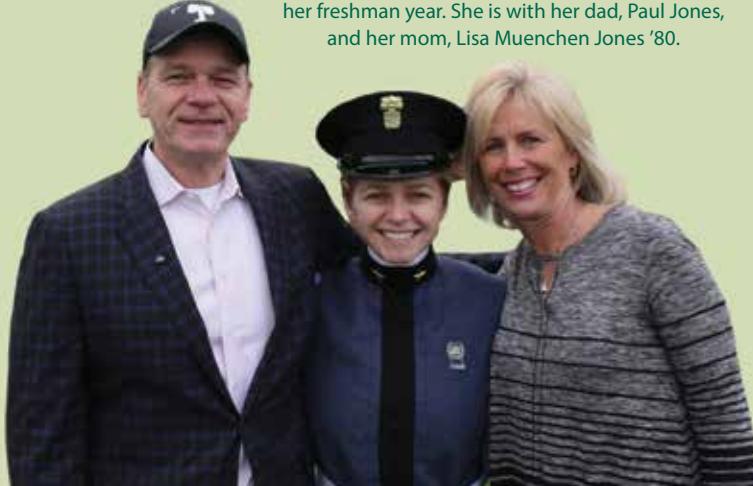
interning with a consulting firm and will return in the fall to The Citadel as a full-time cadet.

In addition to taking credit classes, cadets are required to take ROTC classes for three years and pick a focus. Olivia is studying the Air Force, but all four branches of the military are options. "Cadets follow a strict 24-hour schedule, meaning that aside from classes, our entire day is regimented," she explained. "We wake up at 0500 for morning physical training, attend weekly ethics training, practice and perform parade each week, eat every meal together and adhere to a mandatory evening study period."

Olivia has also earned respected positions while at The Citadel. She has served as a Presidential Aide, assisting the president of the school with planning and execution of official campus events, parades and ceremonies. She has also been a Battalion Clerk where she is responsible for the daily submission of the Strength and Status Report of over 400 cadets living in the battalion, ensuring each cadet is present or accounted for and his or her medical status is accurate.

As for what drew her to The Citadel, Olivia attributes it mostly to an on-going family joke that turned reality. "My father speaks at various colleges and universities around the country and he always spoke very highly of The Citadel," she said. "It was a running joke in my family that I would attend, even though I had never even considered it until my senior year when my mom encouraged me to send an application there." Olivia applied and then headed to Charleston, South Carolina for a pre-knob visit, which is a day and overnight stay shadowing the daily routine of the freshmen. "I knew within the first five minutes of the welcome orientation that this is where I belonged," Olivia explained.

Olivia is awarded her first set of Academic Gold Stars at a Knob Ceremony during first semester of her freshman year. She is with her dad, Paul Jones, and her mom, Lisa Muenchen Jones '80.



Olivia Jones '16
official sophomore
class photo

"The speaker talked about the road less traveled, principled leadership and the opportunities and experiences that could be found at The Citadel. I wanted an extraordinary life and I felt that The Citadel is the place where I could achieve that goal."

Seton laid the groundwork for this goal. "I truly believe that without the support of the Seton community I would not be on the incredible path that I am today," said Olivia, who valued being a student ambassador, dance team member and Kairos leader while at Seton. "There are so many people and experiences that guided me. Teachers such as Mrs. Jett, Mr. Brauch, Mr. Villing, Mr. Collins, Mr. Kellerman and Mrs. Linz offered me advice and always went out of their way to encourage and show that they cared for me," she explained.

"They gave their time to really get to know me and became amazing mentors." Another powerful pillar in high school for Olivia was Kairos. "I was surrounded by wonderful classmates, faculty members and experiences that changed my life both when I attended and when I lead the retreat." And, of course, there are her Seton sisters. "Once I decided to attend The Citadel I was nervous what people might think, but everyone was enthusiastic and supportive, especially my AP Government and AP English classes who were there for me throughout the year to lean on, laugh with and helped me bring out the best version of myself," she added.

Olivia said she loves to boast to her current female classmates about the spirited Seton pride and unique high school experiences. "The memories of laughing uncontrollably with classmates, doing the Wiggallow during pep rallies and at games, and dancing to Ed Sheeran at his concert with my friends and the entire school are all experiences that I carry with me today," she said.

Olivia is awarded her second set of Stars and is pictured with the President of The Citadel Lt General John W. Rosa, USAF (Ret.)

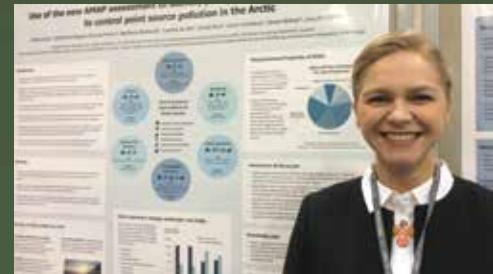


There are so many reasons that an all-female Catholic education gave Olivia a step-up as she headed into The Citadel. "Celebrating Mass, attending retreats and the simple encouraging environment at Seton is truly life altering," said Olivia. "Having the privilege of attending a school where you can openly talk about faith and God is so important. Learning to serve the community, turn to God and classmates in times of hardship and joy, and live for a greater purpose mean the world to me. Everything I am is because of Seton High School and my Seton Sisters."

After college, Olivia hopes to be a Truman Scholar and attend law school, focusing on International Law. She wants to work in policy, legislation and advocacy in our nation's capital. "Eventually my goal is to work for the United Nations," said Olivia. "I hope to dedicate my life to the type of servant leadership taught abundantly throughout my time at both Seton and The Citadel."



Olivia at the first station of "The Gauntlet" which takes place during Recognition Day. This is a huge milestone where the upper class cadets recognize the newest cadets as part of the Corps of Cadets.



Olivia presented her semester-long research on identifying the point-sources of chemicals of emerging concern in the Arctic environment during the Arctic Change Conference in Quebec City, Canada in December 2017.



Evelyn Kluesener Scholarship

In 1975, Bob Kluesener, the father of Jean Kluesener Schwartz '60, Evelyn Kluesener Murray '66, LaVerne Kluesener Castelluccio '68 and Diane Kluesener Luebbe '75, was diagnosed with terminal cancer. Diane



was a senior at Seton that year. Without asking, the Sisters of Charity working at the school granted her a scholarship of \$100 to help offset tuition costs. In addition to four daughters, Bob and Evelyn Kluesener also had two sons.

Evelyn Kluesener "The Sisters knew my parents were going to incur many bills and wanted to relieve them of one burden, thus ensuring that I could finish my education at Seton," said Diane.

A year later Bob Kluesener passed away and those same supportive teachers were there at the funeral. What was even more meaningful was 30 years later when their mother, Evelyn Kluesener, passed away and some of those same staff members came to her funeral as well.

Jean and her family established a scholarship in their mother's memory to help more deserving students attend Seton. "My mother's legacy scholarship for Seton came about because she always remembered the generosity of the nuns and so she had designated that any memorials for her would be given to Seton," explained Diane. "Like the story in the bible of the loaves and the fish, the small act of love and caring by the nuns has multiplied many times."



Front row (L-R): Jean Kluesener Schwartz '60, Evelyn Kluesener Murray '66
Back row (L-R): Diane Kluesener Luebbe '75 and
LaVerne Kluesener Castelluccio '68

"We are grateful to the Kluesener family for all of the support they give to Seton, and we are honored to continue Evelyn's legacy."

—Kathy Allen Ciarla '87, President

Questions?

For more information on Planned Giving or establishing a scholarship, please contact Seton High School President Kathy Allen Ciarla '87 at 513-471-2600 or ciarlak@setoncincinnati.org.



Jean Kluesener Schwartz '60



Evelyn Kluesener Murray '66



LaVerne Kluesener Castelluccio '68



Diane Kluesener Luebbe '75



Evelyn (Lyn) Luebbe Colonel '01
and her mother,
Diane Kluesener Luebbe '75.

"I was involved with service work during high school that was promoted by the Mother Seton League, and volunteered downtown helping out at the Little Sisters of the Poor Home with elderly residents. There were many memorable teachers and events at Seton, like candy bar fundraisers, paper drives, intramural sports, father/daughter dances, and memories with my three best friends who are still my closest friends today. Seton taught me that there is nothing a woman could not do."



"I was president of my freshman homeroom and was involved with Glee Club and the Christmas play. I have carried over into my adult life the love of Shakespeare and the English language, home economics, business and the importance of family and friends. My Seton education prepared me well for a career in business and made me a well-rounded individual with strong moral values, knowing right from wrong and the importance of supporting the less fortunate as well as showing grace and kindness to others."



"At Seton I could always be myself and do my best, and I was fully prepared for college by my teachers. My parents always valued a great, Catholic education for all of their children, and Seton provided this for me and my sisters."



"Thirty-eight years later I am still married to my Elder love that I met at 'the gate at eight'! I recall the paper drives, delivering food baskets to needy families and being involved in the Seton chorus all four years with S. Mary Therese, SC as my music instructor, who helped me to grow as a student and touched my life. About 15 years ago, I was working as the assistant nurse manager at St. Francis-St. George Hospital and S. Therese was hired as the music therapist in the new medical-surgical unit. We got to work as colleagues and she helped me grow as an adult during those years of working together."



"Seton prepared me for life by making sure I had a well-rounded education. I was prepared for a life of serving others. I was ready for college and ready to meet other people who were different from me. I was confident in myself and in my religion, but I think the caring atmosphere surrounding Seton is more important than anything." —Diane Kluesener Luebbe '75

Seton Spirit

Grandparents Day

Thank you to all of the grandparents who spent the morning with us in November for Grandparents Day!



Above (L-R): Joan Thompson Lengerich '50, Diane Lengerich Berting '72, Rhonda Berting Richards '93 and Veronica Richards '19 gave the reflection during the Communion Service at Grandparents Day this year. What a blessing to hear each of them recall their time at Seton and share what it meant to them at that time and what it means to them now. Thank you to these inspiring and amazing Saints for sharing their journeys and their love for Seton!



Seton Spirit

Congratulations to the Class of 2022 Scholarship Recipients!

We are so excited to welcome the Class of 2022 to the Seton Sisterhood! We honored and recognized our scholarship recipients at the Evening of Distinction. We feel blessed to call these exceptional students 'Seton Saints'. Please join us in congratulating these outstanding young women! Admission into the Honors Program is competitive and includes scoring a minimum of a 90% or above on the High School Placement Test. They are recognized for their academic achievement, Christian leadership and service to others through scholarship essay response. These students enroll in a rigorous course load, take part in leadership training and unique service opportunities, attend enrichment activities through local partnerships and engage in test prep for the PSAT and ACT. Students who received the Admission with Merit Scholarships scored between 85% - 89% and also have proven to excel as Christian leaders in academics and service.



HONORS PROGRAM SCHOLARSHIP RECIPIENTS

Back Row (L-R): Emma Buelterman, Elizabeth McLaughlin, Jenna Kramer, Margaret Utley, Sydney Neville, Margaret Bailey, Sydney Gavin, Jill Laub, Rebecca Hater, Audrianna DeGregorio, Principal Karen Klug White '92

Front Row (L-R): President Kathy Allen Ciarla '87, Meghan Davitt, Kathleen Pressler, Elise Knoll, Hailey Doerflein, Kaelyn Roa, Leah Wedig, Olivia Mohs, Julia Redder, Alexandra Witsken, Sabrina Schultz, Elizabeth Goettke



ADMISSION WITH MERIT SCHOLARSHIP RECIPIENTS

Back Row (L-R): Principal Karen Klug White '92, Sydney Roberts, Sarah Haverbusch, Megan Cavanaugh, Emma Austing, Claire Miller, Courtney Schweitzer, President Kathy Allen Ciarla '87

Front Row (L-R): Melis Johnson, Rachel Jarvis, Anna Goins, Samantha Ruff, Brooke Kamstra, Avery Barnes, Grace Belletti, Olivia Stumin



ALUMNAE SUPER SAINT SCHOLARSHIP RECIPIENTS

Back Row (L-R): Melinda Lamb, Bridget Kemper, Mary Brossart, Avery Emerson, Tessa Jones, Emma Sucher,
Principal Karen Klug White '92

Front Row (L-R): President Kathy Allen Ciarla '87, Abigail Stautberg, Morgan Schwarz, Elizabeth Luebbering, Carly McClatchey,
Lucille Luebbering, Lourdes Leurck, Riley Meier, Elizabeth Murray

Missing: Vivian Hockenberry



MARK NEUMANN, SC SETON SISTERHOOD SCHOLARSHIP RECIPIENTS

(L-R): Principal Karen Klug White '92, Megan Tressler, Megan McCarthy,
Emma Camardo, Elena Dean, President Kathy Allen Ciarla '87



31 WOMEN SCHOLARSHIP RECIPIENT

Principal Karen Klug White '92,
Allison Streckfuss,
President Kathy Allen Ciarla '87

Seton High School is continuously very blessed to have incredibly supportive alumnae and friends of Seton. In addition to our Honors Program Scholarships, Admission with Merit Scholarships and 31 Women Scholarship, we are proud to offer additional scholarships. The Alumnae Super Saint Scholarship is awarded to incoming freshmen, sophomores, juniors and seniors who demonstrate school spirit, leadership and service to others. The Mark Neumann, SC Seton Sisterhood Scholarship honors the legacy of former Seton Principal Sister Mark Neumann, SC, and is awarded to incoming freshmen, sophomores, juniors and seniors who exemplify the true meaning of the Seton Sisterhood and are active in extracurricular activities. The Spirit of Seton Scholarship is awarded to a current sophomore who exhibits qualities of kindness and impacts others in a positive way. Teachers, coaches, academic advisors or staff members nominate students for the Mark Neumann, SC Seton Sisterhood Scholarship and the Spirit of Seton Scholarship.

Seton Spirit

National Merit Finalist

We are very proud of Lilly Witte '18 who was named a National Merit Finalist! Only 15,000 students nationwide advance to the Finalist level.



About 1.6 million juniors in more than 22,000 high schools throughout the United States entered the 2018 National Merit Scholarship Program by taking the 2016 Preliminary SAT Test, or PSAT. The nationwide pool of Semifinalists, representing less than one percent of U.S. high school seniors, includes the highest-scoring entrants in each state. This group is then narrowed down to Finalists. What an incredible accomplishment, Lilly!

Conference on Diversity

Arderia Lankford '18, Phuong Phan '18 and Lily Vu '18 represented Seton at the Conference on Diversity. This conference was open to all schools throughout



the Greater Cincinnati area where topics focused on engaging students on issues of acceptance and inclusion that impact today's world. "It was

very enlightening to be around people that want to make change and continue to work for justice throughout the entire world like I do," said Arderia Lankford '18.

Dream it, Do it!

Some Seton students spent a day at General Electric learning about the manufacturing and engineering industry and the many career opportunities for



women. The day was made possible by "Dream It, Do It OKI" as part of their Making It Real: Girls and Manufacturing Program.

(L to R): Debby Combs and Sean Kelley of Partners for a Competitive Workforce pose with Seton students Mya Moser '18, Lily Vu '18, Liz Sweet '18, Olivia Hensley '19, Olivia Webber '18, Seton Geometry and Computer Science teacher Elle Schwarz '10 and Seton Honors Algebra I, Algebra II and Pre-Calculus teacher Gina Rider.



Seton Chapter of the Interalliance of Greater Cincinnati

Sixteen students from the Seton Chapter of the Interalliance of Greater Cincinnati attended a weekend-long technology conference in downtown Cincinnati. The weekend included keynotes by local business leaders, mock interviews and networking with local colleges and businesses. Science Department Chair Mrs. Allison Hinkler '95 and students also attended breakout sessions on everything from coding to robotics to IT careers. They also participated in competitions such as wikiraces, QR code scavenger hunt, speed keyboarding and coding. Sammy Riegler '19 won the TedTalk and Kate Lambert '20 was part of the team that won the iMovie competition.



Beacon Orthopaedics & Sports Medicine

Seton High School students from AP Biology class and Anatomy and Physiology class went to Beacon Orthopaedics for an upper extremity lab with their teacher Mrs. Ann Colley Jett '84. "Beacon was an eye opening experience for me," said Renee Hofmeyer '18. "I enjoyed having a hands-on experience and learning all about the arm's functions. I realize now that I want to pursue a career in the medical field. I am thankful Seton allowed me this opportunity to explore new career options and ensure the one I want to pursue."



Service Update

Candy Drive brings in sweet results!

Thank you to all the students and their families who contributed to the Candy Drive Seton had this year! A special shout out to freshman Sabra Charles, who coordinated this event. In total, Seton collected 7,236 pieces of candy, which is 152.8 pounds! Students counted and separated the candy into ten boxes that were sent to soldiers who are deployed, and a portion was donated to the children at Resurrection School where Seton's Honors Program tutors.

Food Drive & Toy Drive success!

Shortly after wrapping up a very successful food drive at Thanksgiving that provided meals to more than 70 families throughout the community, our Saints went above and beyond collecting and donating 357 new toys for Community Matters – all within a timeframe of only two weeks! Way to soar, Saints!



Seton Spirit

Team Fiona

Congratulations to Seton High School junior Olivia Faillace who was commissioned by an administrator at Good Samaritan Hospital to create a Fiona drawing this past summer. Olivia, who is currently taking AP Art 3 at Seton, worked at the Good Samaritan Hospital Gift Shop as part of the Seton TriHealth Student Employee Program. An administrator at the hospital recalled the Fiona rain barrel that Olivia created this past spring as part of the Cincinnati Zoo's Annual Rain Barrel Art Project, and commissioned her to make the hippo drawing. "I was very excited for this opportunity. This was the first time I was commissioned to make an artwork, and I was a little nervous because I was not sure exactly what I was going to do," said Olivia, who decided to make a 12 x 12 colored-pencil drawing of Fiona.

"I was happy with the artwork and everyone's response to it. The original piece sold for \$200, and I am so thankful to the people who have shown interest and have purchased copies of my work. This has really inspired me to create more art and share my God-given talent."



Seton 360° Construction Update

Crews worked hard over Christmas break to get the ceilings ready for air-conditioning this summer! Plans continue for the next phase of construction, which will begin in May 2018.

- Air Conditioning and Heating
- New Windows
- New Lighting
- Updated Restrooms
- New Parking Lot

"This is such an exciting time at Seton High School! The construction throughout our campus will offer our students an optimal learning environment, including comfortable, air-conditioned classrooms and upgraded learning spaces. Incorporating high-efficient lighting and electricity will also help to lower energy costs. Being good ambassadors to our environment and to our generous donors is another example of how we are proud to be Green."

– Seton High School President Kathy Allen Ciarla '87



Sports Update

SAVE THE DATE

Athletic Boosters Golf Outing

The 9th Annual Athletic Boosters Golf Outing will be held on July 23, 2018 at Aston Oaks. For more information about registration and being a sponsor, please contact Seton Athletic Director Wendy Zureick Smith '90 at smithw@setoncincinnati.org.



CONGRATULATIONS

to Seton's Swim Team!

2017 Best of the West Champions!



Seton High School is proud to announce that **Marisa Wolf** has been named as the new Head Varsity Soccer Coach. Wolf has been the assistant junior varsity coach at Seton since 2016. She is a graduate of The Ohio State University where she was a four-year varsity soccer player. Wolf received the

Buckeye Power Club Award as a college junior. She attended St. Ursula Academy where she was GGCL Player of the Year her senior year, Enquirer Player of the Year and Coaches Poll Player of the Year, along with 1st Team All-State.



at Elder for 13 seasons and was an assistant track coach there for eight seasons. He is also currently in his 13th year of teaching in the religion department at Elder.

Congratulations to our NATIONAL CHAMPIONS!

The Seton Varsity Dance Team took the NATIONAL TITLE in Small Varsity Pom at the 2018 UDA National Championship in Orlando, Florida on February 4, 2018. First place is the highest that the varsity dance team has ever placed at nationals. "We came to every practice with the determination of a champion," said senior Blair Durbin. "We pushed ourselves until the tank was completely empty, and we never lost sight

of the goal." The Seton Varsity Dance Team double medaled this year by also placing 3rd in the nation for Small Varsity Hip Hop. The Seton Junior Varsity Dance team placed 3rd in their division for Pom and 4th for Hip Hop. Seton Varsity Dance competed against 60 qualifying teams in the small Pom division to take the top prize. Both teams qualified for Nationals last summer. The varsity team is coached by Theresa Chiodi '87, Jill Lamey '98 and Anna Miller; and they work with Tribe 99 Choreography's Carson Rowe and Anna Miller. "We are so proud of this team and the adversities they had to overcome throughout the season," said Chiodi. "This national title is the result of the drive, determination and passion that they have demonstrated all year." "We are also blessed and incredibly thankful for our parents and the entire Seton community," added Lamey.



Seton High School is proud to announce that **Greg Dickman** has been named as Seton's Head Cross Country Coach. Greg ran both cross country and track and field for Xavier University and for Elder High School where he graduated in 2000. He has been an assistant cross country coach

at Elder for 13 seasons and was an assistant track coach there for eight seasons. He is also currently in his 13th year of teaching in the religion department at Elder.

Seton Spirit

Performing Arts



Seton is so proud of freshman Jordan Darnell who was casted as Annie in the Covedale Center for Performing Arts production of *Annie*.

Thank you for supporting the Seton-Elder Performing Arts events all year long! Upcoming concerts include the Freshman Spring Concert on Tuesday, May 8 at 7:00 p.m. and the Seton-Elder Spring Concert on Saturday, May 5 at 7:00 p.m.



Congratulations to the talented cast and crew of the Seton-Elder Drama Club's fall play, *Romeo & Juliet*, for the rave reviews!



Hop aboard this luxury liner as it heads from New York to London! Here you will find music, dancing, laughing, and of course, the age-old complicated love story of boy meets girl. Audiences are sure to get a kick out of *Anything Goes*!

Wednesday, April 11, 7:00 p.m.

Friday, April 13, 7:00 p.m.

Saturday, April 14, 7:00 p.m.

Sunday, April 15, 3:00 p.m.

All tickets are \$12 and reserved seating, except the Wednesday, April 5th performance which is \$10 and the seats are general admission.

**For more information, visit
www.setoncincinnati.org**

Seton Sisters

Class Notes

60's

Kathy Pratt Selby '65 retired from the Diocese of Covington on June 30, 2017 and celebrated her 50th wedding anniversary on July 1, 2017.

Linda Chastang Weber '69 has two daughters and five grandchildren that are her world. She enjoys her family and travels often.

70's

Elena Duggi Keyser '71 and husband, John, just celebrated their 42nd wedding anniversary. They have one beautiful daughter and a son-in-law who have blessed them with three wonderful grandchildren. Elena retired from Moeller High School two years ago after 40 years of teaching. Her husband is planning to retire soon and they hope to become snowbirds, spending winters in Florida.

Ginger Young '77 has had the privilege of leading The Childhood League Center for nearly five years. This organization serves very young children with developmental delays with expertise and love. The Preschool program is fully inclusive and, for her, this is especially pertinent as her grandson, Owen, will attend as a typically



developing learning partner next school year. She feels truly blessed to be able to do what she loves and loves what she does! She wants to thank her many Seton sisters who have supported her and cheered her on and thinks they are a special group of women bound by historical ties and the desire to live a life like Christ.

80's

Teresita Ruwan Martini '80 works at the Walgreens Pharmacy in Harrison, Ohio.

Lisa Mullins Florian '84 retired from Procter & Gamble after 30 years in June 2015 and returned to work part-time at The Christ Hospital.

Shannon Ziegler Visconti '88 recently rebranded her business, Corporate Rental Consultants, to Visconti Real Estate, LLC. Her former company serviced Cincinnati's Fortune 500 companies for 18 years. They are now a full-service brokerage that serves buyers, sellers, executive leasing and property management.

90's

Rachel Busam Haber '95 has been living in Seattle, Washington with her husband, Keith, and two children, Amanda and T.J., for the past seven years.



00's

Jennifer Morand '12 graduated from the University of Cincinnati in December of 2016. She now works full time for The Dragonfly Foundation as the Community Relations Specialist. She manages special events, third-party fundraising events and the young professionals group, in addition to marketing and overseeing over 300 volunteers. Dragonfly helps young cancer patients and their families. When Jen was diagnosed with cancer back in 2009 at the start of her sophomore year, Dragonfly was not in existence. She says that seeing the impact this organization has had on so many is amazing and she is so grateful to be working for them.

Laura Mersmann '13 graduated from UC's Lindner Honors PLUS program with a BBA in Operations Management. She immediately began working toward a MS in Information Systems and Business Analytics from UC, which she completed in December 2017. In May of 2017, she accepted a full-time offer from the Kroger Co. in the Supply Chain Logistics department.

Amy Brauch '10 earned her Certified Pediatric Nurse (CPN) certificate in November 2017. She is a homeowner and a proud fur mom to a two-and-a-half-year-old black lab named Luna.



Congratulations to **Samantha Monahan '14** and **Loretta Blaut '14** who were recognized at *The University of Cincinnati Senior 100 Celebration!*

These awards recognize 100 graduating seniors who have demonstrated generosity in their time, talent and treasure during their undergraduate career. Recipients of this award are servant leaders in their communities, giving of their wisdom, and exemplifiers of putting the mission of the University of Cincinnati ahead of their own. The Senior 100 Celebration awards undergraduates who will become promising alumni and serve the University of Cincinnati throughout their lifetime. What an incredible accomplishment!

Seton Sisters

Births

Congratulations to our Seton graduates on the addition to their families.

Kristen Wolber '07, daughter, Brooklyn, December 2015

Toni Washam Goldschmidt '08, Theo Ike, March 2017

Marie Lipps Smith '99, son, Charles Robert, April 17, 2017

Emily Bayer Weckbach '09, son, Niles, July 7, 2017

Renee Schotte Moeddel '94, daughter, Zoey Mary-Katherine, July 10, 2017

Ali Rosiello Williams '06, daughter, Margaret Alice, July 10, 2017

Jenna Hyde Till '06, son, Eli Ronan, August 31, 2017

Leslie Chasteen Nienhaus '06, son, Grant Gregory, September 15, 2017

Brittney Ranz '10, daughter, Ava, on September 21, 2017

Trisha St. Clair Lehnert '06, daughter, Jacqueline Marisol, October 23, 2017

Colleen Tepe Hofstetter '03, daughter, Mia Elizabeth, January 23, 2018

Kelly Reilly Hamilton '01, daughter, Reece Reilly, February 15, 2018

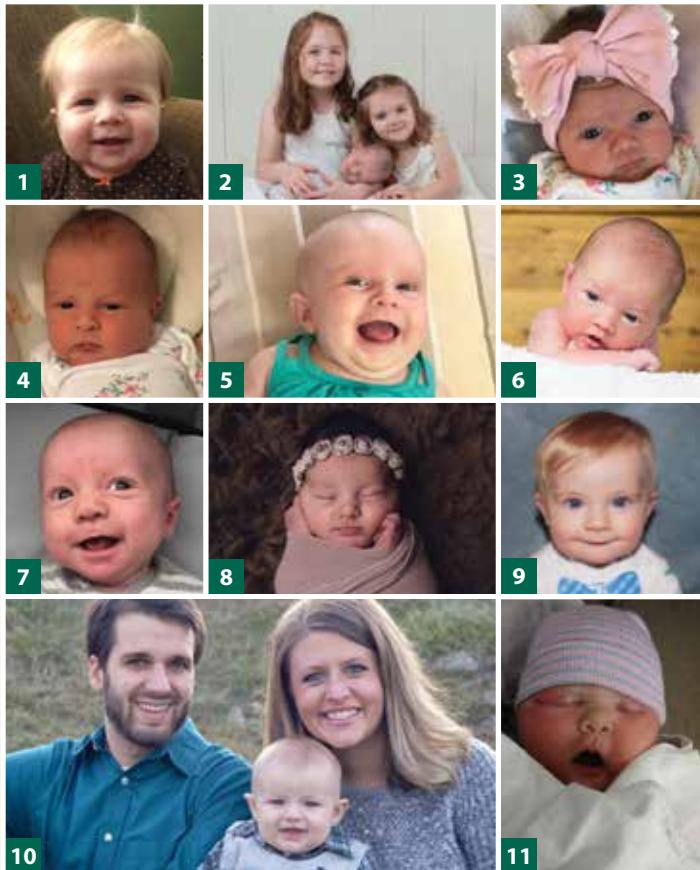
1 - Zoey Mary-Katherine Moeddel **2** - Charles Robert Smith with siblings

3 - Reece Reilly Hamilton **4** - Mia Elizabeth Hostetter

5 - Margaret Alice Williams **6** - Grant Gregory Nienhaus

7 - Eli Ronan Till **8** - Jacqueline Marisol Lehnert

9 - Theo Ike Goldschmidt **10** - Niles Weckbach **11** - Ava Ranz



Weddings

Congratulations to our Seton graduates and their spouses on their recent nuptials.

Toni Washam '08 to Christopher Goldschmidt on March 19, 2016

Maggie Linneman '08 to Addison Hobbs on November 11, 2017

Becca Meese '11 to Brian Laivelting on November 18, 2017

Josie Ploehs '00 to Jacob Bazeley on November 18, 2017



Josie Ploehs '00, Jacob Bazeley and family



Becca Meese '11 and Brian Laivelting



Becca and Brian with some Saints from Seton's Track & Field Team. Brian teaches Physics at Seton and is also the track & field coach.

Passings

Our sympathy is extended to the families of the following:

Frances Stadtmiller Rizzo '40

Dorothy Faller Tiemeier '40

Betty Sebastiani Winterhalter '40

Adele Bickett Faeth '41

Betty Kamphaus Hater '41

Evelyn Schoner Schehl '41

Dorothy Lay Brinkman '42

Violet Ankenbauer Carroll '42

Patricia Berning Keehan '42

Marian Lee Steidinger '42

Margaret Hetherington Duffner '43

Virginia Simon Kleem '43

Helen Weber Martino '43

Marjorie Hines McGraw '43

Audrey Gates Price '43

Ruth Braun Noble '44

Mary Lou Doll Smith '44

Dorothy Smith Liston '45

Edna Leesman Moorman '46

Martha Ficker Olding '46

Betty Barth Landenwitz '47

Mary Kay Stetter Flaig '49

Dolores Tenoever Rolfs '49

Marilyn Huber Wilke '49

Joan Rolfs Riestenberg '50

Dorothy Meyer Kroeger '51

Joan Carney Schmitt '52

Mary Ellen Budde Sillies '54

Anita Perry Merk '55

Donna Kennedy Landis '57

Mayduane Kiely Longtin '57

Catherine Bennett Mersch '58

Judith Herrmann Frank '60

Sandra Mormile '61

Sandra Stoller Kissing '63

Christine Fischer Beck '65

Rita Willman Fisher '65

Katherine Schenkel '65

Nona Nuss Hais '66

Karen Wilhelmy Heskamp '66

Maryann Pluckebaum Breyer '67

Rose Hemsath Erdman '68

Kathleen Haubner Michaelson '68

Frances Staffenberg Sack '70

Veronica Shields Seguin '70

Karen Makin Patton '72

Henrietta Schulte '73

Gerianne Thelen '80

Maureen Delaney Weber '83



The Celebratory Mass of the Feast Day of St. Elizabeth Ann Seton is always one of our favorite days as we honor our patroness as well as our special guests, the Sisters of Charity. We are so blessed to have the continuous support and prayers of the Sisters of Charity. We are very grateful for the foundation they have laid here at Seton!

Emily Gramke '13 wrapped up another successful Sweetheart Dance! The first dance took place as part of her Seton Senior Project and she has continued on each year since then to offer the dance. This Valentine's Day dance is free and for people of all ages with special needs.



Evelyn Traut Busam '34 came home to Seton to enjoy the CMO concert in December. She is 101 years young! Here she is with Seton's President, Kathy Allen Ciarla '87.

Reunion Time...

It's just about time for our 2018 milestone reunions. If your graduation year ends in 8 or 3, please check our website at www.setoncincinnati.org for updated information. Click Alumnae and then Class Reunions. We are looking for committees to plan reunions for 1953, 1973, 1993 and 2013. Please contact Christina McCarthy at mccarthy@setoncincinnati.org or 513-471-2600 x2423 with the details.

Class of 1958 (60th)

Date: Tuesday, April 24, 2018

Time: 10:30 a.m. Mass in Seton's Chapel followed by complimentary lunch and festivities

Location: Seton High School

Class of 1963 (55th)

Date: Tuesday, September 18 **Time:** 5:30 p.m.

Location: The Farm - The Class will enjoy The Farm's buffet and spend some time with Seton sisters.

Cost: \$15.50 – (senior citizen rate), pay at the door

RSVP: Reservations are due by August 1, 2018. For reservations, more information or questions, please contact Kaye Dorsey Bono at kbono@zoomtown.com, Rita Jones at (513) 661-9355, or Eleanor Kraft McSwiggin at eamhist@zoomtown.com or (513) 941-4619.

Class of 1968 (50th) & Class of 2018 Luncheon

Date: Thursday, April 26, 2018

Time: 11:00 a.m.-1:00 p.m.

Location: Seton High School

Class of 1968 Formal Reunion Information

Date: June 8, 2018 **Time:** 5:00-9:00 p.m.

Location: Aston Oaks

Class of 1978 (40th)

Date, Time and Location: TBD

Class of 1983 (35th)

Date, Time and Location: TBD

Class of 1988 (30th)

Combined 1988 Elder/Seton Mixer Reunion!

Date: Friday, April 20, 2018 **Time:** 7:00 p.m.

Location: Johnny's Westside Bar & Grill

Class of 1998 (20th)

Date: September 22, 2018 **Time:** 7:00 p.m.

Location: Rhinegeist

Class of 2003 (15th)

Date, Time and Location: TBD

Class of 2008 (10th)

Date, Time and Location: TBD

Class of 1958 Monthly Luncheon

Date: Third Wednesday of every other month (odd months)

Time: 12:00 p.m.

Location: Price Hill Chili Garden Room

Class of 1963 Monthly Luncheon

Date: Second Thursday of the Month **Time:** 12:00 p.m.

Location: Price Hill Chili Garden Room

Class of 1967 Monthly Luncheon

Date: First Wednesday of the Month **Time:** 11:30 a.m.

Location: Price Hill Chili Garden Room

To submit a class note or update, please fill out the "Update Your Information" form at www.setoncincinnati.org, email alumnae@setoncincinnati.org or call (513) 471-2600.

Giving Our Time and Using Our Gifts

Wherever it may be that alumnae choose to live in this world, Seton High School has prepared them to excel in life, to hear God's voice and to do God's will.

Here you can read about a Saint doing amazing things all over the world.

Alumnae Spotlight

Dr. Mary Bredestege Newport '70



**Dr. Mary Bredestege
Newport '70**

When it comes to women making strides in science, it seems like Dr. Mary Bredestege Newport '70 has always been on the cutting edge. Independent, inquisitive and willing to step out on her own. The qualities of being driven and vulnerable are what lead to discoveries and change, and they are also qualities that Mary stood out with during her high school years as a Seton Saint.

By the end of her sophomore year at Seton, Mary knew she wanted to go to medical school. "In that era it was common for parents and teachers to discourage young women from going to medical school due to the belief that it would be impossible to marry and have a family," said Mary, who also worked during high school at Good Samaritan Hospital as a Candy Stripper and as a Pediatric Nurse's Aide.

"My counselor, however, helped me select the right science and math courses as well as encouraged me to take four years of Latin."

The Latin classes, in addition to four solid years of challenging math and science classes, are what Mary feels helped her earn a full college scholarship and gave her an edge to preparation for a pre-medicine major. "An interesting thing happened during my junior year at Seton," explained Mary. "I loved math and had finished all of the problems in the Algebra book fairly early in the year. One day I was doing my Latin homework when we were supposed to be working on problems in the math book, and the teacher, Sr. Ruth Mary, asked what I was doing. I told her what and why, and instead of becoming upset she spoke with other teachers and asked me the next day if I would like to move on to trigonometry as an independent study. This led to Mary taking calculus and physics during her senior year, which was only offered at Elder at that time."

Mary graduated as co-valedictorian from Seton and went on to Xavier University. It was the first year that the university went co-ed. Mary was one of just two females in the Honors Bachelor of Arts Program, and there were only fifty females in the entire university.



**Steve Newport and Mary Bredestege on their first date
in October 1969**

In 1972, Mary married Steve Newport (Elder '68). The two met while Mary was in high school and Steve was at Xavier University and they both worked at Good Samaritan Hospital.

Mary's education included Xavier University and the University of Cincinnati College of Medicine. She became board certified in pediatrics and neonatology, and completed her training at Cincinnati Children's Hospital Medical Center and Medical University in Charleston, South Carolina. She and her family settled in Tampa Bay where she practiced neonatology.

At a time when many women steered away from becoming doctors because of the expectations of wives and mothers, Mary stood out as a trailblazer and was blessed to have the support of Steve. The Newports had two daughters, and Steve was able to work from home to take care of the children.

"He was able to do accounting and manage my practice from home, which was great for our family," said Mary.

Mary practiced neonatology for a duration of 30 years. During this time, she was the founding medical director of two newborn intensive care units in the area. It was also in the midst of her career that Mary began to notice some alarming tendencies about Steve, who was only 51 at the time.

"He began making accounting and payroll mistakes, missing tax deadlines, and forgetting if he had been to the post office or not," explained Mary.

"Over the next couple of years his memory and ability to do his accounting continued to deteriorate and he was officially diagnosed with early-onset Alzheimer's when he was just 54. By age 56 he could no longer do any accounting, drive, use a computer or cook for himself, and someone had to be with him all of the time for his own safety. By 58, he could no longer read or write more than a few simple words, had tremors, would walk very slowly and could hardly finish a sentence without forgetting what he wanted to say."

During all of this, Mary read everything she could find about Alzheimer's. She developed an interest in nutrition and what role it might play in the disease. In May of 2008, she came across a press release about Alzheimer's and MCT (medium chain triglyceride) oil. She was familiar with this because she had used it as a neonatologist in the feedings of the tiniest preemies.

"The medical food was not available on the market yet and Mary learned that MCT oil is extracted from coconut oil, the richest natural source. She figured out how much

coconut oil to give to equal the amount of MCT oil in the medical food. "Steve was screening for two different clinical trials two days in a row for Alzheimer's medications and I learned about this late at night before the first

When someone has Alzheimer's three people are affected on average.

Caregivers often must give up their job, their hobbies, their social life. Huge financial burden for families.



Dr. Mary Bredestegge Newport speaking at MacQuarie University in 2017

screening and could not get coconut oil in time for the first screening," said Mary, who added that he did not qualify for the study based on those results. However, Steve received



Dr. Mary Bredestegge Newport speaking at MacQuarie University in 2017

just over two tablespoons of coconut oil a few hours before the second screening the next day. He gained four points on the memory test and qualified for that study.

"He said it was like a light switch turned on in his brain that day," explained Mary.

"I began to give him coconut oil and then also MCT oil several times per day with his meals and he had steady, very significant improvement that continued for a year before he leveled off. Eventually, he lost his battle with Alzheimer's on January 2, 2016, but I feel that we gained at least three to four good years that were better than the year before he started the coconut oil."

Mary is the author of *Alzheimer's Disease: What if There was a Cure? The Story of Ketones*, now in its second edition, with multiple foreign language translations. She is also the author of *The Coconut Oil and Low Carb Solution for Alzheimer's, Parkinson's and Other Diseases*.

Dr. Mary Newport has been an invited speaker on this subject for symposia and conferences in the USA, Canada, France, Greece, Germany, Japan, Singapore and Thailand, the University of South Florida, the American College of Nutrition, the Institute for Human and Machine Cognition, the Fellowship in Anti-Aging and Regenerative Medicine, the International College of Integrative Medicine, Weston A. Price Foundation, and numerous lectures for university students and for the public.



Steve and Mary in December 2008



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www.setoncincinnati.org.

